



Dear Families

We've had some lovely glimpses of the sunshine this week and some slightly warmer weather reminding us that spring is beginning. Unfortunately, the sunshine did not coincide with our first Home Education Forest School Adventure which took place on Tuesday morning! The event was well-attended and, as always, our visitors commented on what a special place The Wilderness is.

### **Woodlands at Wisley:**

Everyone was very glad it had stopped raining for the Woodlands visit to RHS Wisley. The children enjoyed their day out, as you will see from what a couple of them wrote in their books ...

*First Mrs Marden-Farmer told us about our day. Then we went for a long, wet walk around Wisley. After that we went inside and learnt about plants. Finally, we had a yummy lunch altogether. Later in the day we made a picture in a special tree. In the end we said goodbye to Wisley, I liked learning there.*

*At Wisley, I liked the big walks and seeing the fish.*

*At Wisley, I saw lots of swans and lots of ducks.*

*At Wisley, I heard the birds tweeting and the wind blowing.*

*At Wisley, we made pictures with petals in the magical tree.*





## Peer Reading:

You'll remember that one of our World Book Day activities last Friday was peer reading, where Early Years and Key Stage 1 took the opportunity of reading with their Key Stage 2 peers. As the weather was warm and sunny many of the children were able to read outside.

Events like this highlight the amazing family feel that our small school has and it is always wonderful to see the whole school enjoying learning together.





### Do you feel like someone's watching you ...?

Look at these amazing dragon eyes that Kestrels have made, based on their current class book 'Darwin's Dragons' by Lindsay Galvin.



### Developing Communication Skills:



Would you rather  
meet a polar bear or  
a brown bear?



Warmest wishes from

**Vicky Voller, Headteacher & Stacey Reynolds, Head of School**  
**The Newlands Federation**

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**Active Hour mobile number: 07377 147643**

Separate attachment: Guildford Family Centre March newsletter – there's loads of information in this for all families so it's worth having a read through.

Attachments at the end of the newsletter, past the dates for your diary:

- Newsletter from FACE (Family Advice Communication Education) and information about a couple of online talks they are offering on Autism and Acceptance and Commitment Therapy (ACT) – a different approach to supporting anxiety, anger, OCD and neurodiversity.
- More information about Specsavers Active Surrey Sports Sessions for 7-16 year olds (this was shared in last week's newsletter too).
- Parents' guide to cyberbullying.
- Yvonne Arnaud theatre Easter holiday workshops for 4-16 year olds and family fun day.

## Spring Term Dates

\*New dates added or updated event

March	Fri 1 <sup>st</sup>	Whole School	PTFA Kestrels Cake Sale after school
	Wed 6 <sup>th</sup>	Woodlands Group B	Sportshall Event at Guildford Spectrum afternoon
	Thu 7 <sup>th</sup>	Squirrels	Sportshall Event at Guildford Spectrum morning
	Fri 8 <sup>th</sup>	Whole School	World Book Day Dress-up as Book Characters
	Wed 13 <sup>th</sup>	Woodlands	Visit to Wisley Garden
	Wed 20 <sup>th</sup>	Squirrels and Kestrels	Visit to the Natural History Museum
	Thu 21 <sup>st</sup>	Whole School	Easter Service at church (families welcome)
	Fri 22 <sup>nd</sup>	Whole School	Easter Pause Day
	Thu 28 <sup>th</sup>	Whole School	Last day of term – school finishes at 1.30pm

April	Mon 15 <sup>th</sup>	Whole School	Back to school for the first day of summer term
	Tue 30 <sup>th</sup>	Key Stage 2	Primary Music Festival at Dorking Halls (afternoon/evening)

May	Mon 6 <sup>th</sup>	Whole School	Bank Holiday – school closed
	W/B 13 <sup>th</sup>	Year 6	SATs
	Wed 22 <sup>nd</sup> - Fri 24 <sup>th</sup>	Kestrels	Residential at Bentley Copse
	W/B 27 <sup>th</sup>	Whole School	Half Term

June	Fri 28 <sup>th</sup>	Whole School	INSET – no school for children due to teacher training

July	Mon 1 <sup>st</sup>	Whole School	INSET – no school for children due to teacher training
	Tue 2 <sup>nd</sup>	Whole School	Surrey Secondary Transition Day TBC
	Fri 5 <sup>th</sup>	Whole School	Sports Day Practice
	W/B 8 <sup>th</sup>	Kestrels	Class show performances
	Wed 10 <sup>th</sup>	Whole School	Move up morning
	Fri 19 <sup>th</sup>	Whole School	Sports Day (time tbc)
	Tue 23 <sup>rd</sup>	Whole School	Last day of term – school finishes at 1.30pm





**FACE**  
FAMILY ADVICE · COMMUNICATION · EDUCATION

March 2024

# Newsletter

FACE it!



The CPD Standards Office  
CPD PROVIDER: 22640  
2024-2025  
[www.cpdstandards.co.uk](http://www.cpdstandards.co.uk)

Available to book now!

Approved CPD training for anyone who works with children or teenagers.

**National Standards CPD accredited with certificate**

<p><b>Monday</b> 18 March</p> <p>19:00 - 21:00</p> <p>£24</p>		<p><b>Autism: Improving Communication</b></p> <p>Small changes can lead to huge improvements with your ability to communicate with someone on the spectrum.</p>
<p><b>Tuesday</b> 19 March</p> <p>19:00 - 21:00</p> <p>£24</p>		<p><b>What is ACT?</b></p> <p>An introduction to Acceptance and Commitment Therapy</p> <p>A different approach to supporting Anxiety, Anger, OCD &amp; Neurodiversity</p>
<p><b>Thursday</b> 28 March</p> <p>19:00 - 21:00</p> <p>£24</p>		<p><b>Supporting a child with ADHD</b></p> <p>challenging the stereotypes and giving practical advice</p>

facefamilyadvice.co.uk.
info@facefamilyadvice.co.uk

## AUTISM: Improving Communication



**18th March 7-9pm**

Jane Keyworth, Lead Facilitator at FACE giving a two hour online talk to parents (and teachers), explaining how simple changes in how you speak can lead to more positive communication with people on the spectrum.

Book online now £24 [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

## A different approach to supporting Anxiety, Anger, OCD & Neurodiversity



### What is ACT?

Acceptance & Commitment Therapy (ACT)  
Jane Keyworth gives a two-hour online talk

**TUESDAY 19th March 7-9pm**

Book Online £24 [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)





## Get your kids active with FREE local activities this Spring!

Do you know about the FREE, FUN and LOCAL weekly activities on offer for kids and teenagers in Surrey?

You can [search by town or postcode](#) to see what's on offer near you.

The 6-8 weeks of activity training kick off across 9 of Surrey's boroughs and districts (excluding Tandridge and Surrey Heath) after Easter.

All the coaches have been handpicked to be friendly and supportive - the emphasis is on having fun and taking part. There's SO MUCH on offer for 7-16 year olds, including:

Dance	Judo
Girls' Touch Rugby	Boxing
The Run, Ride, Row Challenge	Boccia (a type of seated bowls accessible to all)
Street Basketball	Tennis

Families LOVE the Specsavers Surrey Youth Games:

*"My daughter absolutely LOVED every week from the first time."* - Parent

*"My son looked forward to attending every session."* - Parent

*"The other kids are all really nice. I've made friends I didn't know before."* - Charlie, 12

*"9 out of 10 children who took part in the Specsavers Surrey Youth Games last year said they were happier for doing so and their confidence had been boosted", according to Lil Duggan, MD of Active Surrey. She added, "Daily physical activity is vital for children's happiness and physical and mental health. The cost-of-living crisis has exacerbated the challenges faced by Surrey's children, making it even more crucial for families to have access to free, fun and local activities."*

**Registration for the FREE, FUN & LOCAL activity training is open now!**

Places are limited so BOOK NOW to avoid disappointment.

To sign your child up, visit the Active Surrey website at  
<https://bit.ly/3OFQIbH>

Or use your phone to scan this code:



## A Parent's Guide to Cyberbullying



**Many young people who are victims of cyberbullying suffer in silence.**

They feel they can't turn to parents or a trusted adult for support as they fear they may get in trouble or have their devices taken away from them. It can carry on all day, all evening and all weekend for the world to see, causing a lot of emotional stress to the victim and their family.



**It can very quickly lead to the victim feeling trapped, scared and vulnerable to grooming and blackmail.**



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online

**Online safety is when young people know who they can tell if they feel upset by something that has happened online.**

**Parents** please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: [info@skipssed.com](mailto:info@skipssed.com) Tel: +44 121 227 1941

Developed in partnership with



**Skips**

[www.skipssafetynet.org](http://www.skipssafetynet.org)

## EASTER HOLIDAY WORKSHOPS 2024

**Tue 2 – Tue 9 Apr**

Workshops for ages 5-16

**Creative Make-up • Stage Combat • Poetry • Treat Factory Drama Workshops**

**YA YVONNE ARNAUD THEATRE**



For further information email our Creative Learning team:  
[creativelearning@yvonne-arnaud.co.uk](mailto:creativelearning@yvonne-arnaud.co.uk)

**Book Now:**  
**YVONNE-ARNAUD.CO.UK**  
**BOX OFFICE 01483 44 00 00**



**PLUS,  
FREE FAMILY  
FUN DAY  
3 APR**